Kindergarten Readiness Guide

Developmental Milestones
FOR INCOMING KINDERGARTNERS

✓ Social - Emotional Skills
  • Separated from a parent without being upset
  • Share with other children
  • Care about the feelings of others
  • Follow routines
  • Put toys away when asked

✓ Personal Needs
  • Use the bathroom
  • Wash hands
  • Use tissue to blow nose
  • Button and zip up shirts, pants, & coats
  • Tie and/or velcro shoes

✓ Literacy Skills
  • Recognize letters, uppercase & lowercase
  • Write own name, first & last
  • Listen to stories & answer questions
  • Hold a book & turn pages one at a time
  • Come up with rhyming words

✓ Math & Motor Skills
  • Count to 20, one by one
  • Identify numerals 0-9
  • Sort objects by size, color, & shape
  • Use a pencil & marker
  • Use scissors safely on their own

Be sure to talk with your pre-school teacher about what else you can do to prepare your child!

5 ways
TO HELP YOUR CHILD be ready for Kindergarten

1. Talk with your child often.
   Talking with your child about what you see helps them learn about words, language, and the world.

2. Read to your child daily.
   Reading to your child is key to their learning to read. It can be a great part of your bedtime routine.

3. Encourage coloring.
   Scribbling can even help your child develop pre-writing skills. Encourage your child to color letters!

4. Work on making friends.
   Learning to share, saying “please” and “thank you”, and solving problems with other children are important skills.

5. Use routines.
   Creating routines for waking up, meals, and bedtime will help prepare your child for a structured school day.