

# Kindergarten Readiness Guide



## Developmental Milestones

### FOR INCOMING KINDERGARTNERS

#### ✓ Social - Emotional Skills

- Separated from a parent without being upset
- Share with other children
- Care about the feelings of others
- Follow routines
- Put toys away when asked

#### ✓ Personal Needs

- Use the bathroom
- Wash hands
- Use tissue to blow nose
- Button and zip up shirts, pants, & coats
- Tie and/or velcro shoes

#### ✓ Literacy Skills

- Recognize letters, uppercase & lowercase
- Write own name, first & last
- Listen to stories & answer questions
- Hold a book & turn pages one at a time
- Come up with rhyming words

#### ✓ Math & Motor Skills

- Count to 20, one by one
- Identify numerals 0-9
- Sort objects by size, color, & shape
- Use a pencil & marker
- Use scissors safely on their own

**Be sure to talk with your pre-school teacher about what else you can do to prepare your child!**

## 5 ways

TO HELP YOUR CHILD  
*be ready for Kindergarten*

1

### Talk with your child often.

Talking with your child about what you see helps them learn about words, language, and the world.

2

### Read to your child daily.

Reading to your child is key to their learning to read. It can be a great part of your bedtime routine.

3

### Encourage coloring.

Scribbling can even help your child develop pre-writing skills. Encourage your child to color letters!

4

### Work on making friends.

Learning to share, saying “please” and “thank you”, and solving problems with other children are important skills.

5

### Use routines.

Creating routines for waking up, meals, and bedtime will help prepare your child for a structured school day.

